

March-17

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1% White Milk and Assorted Flavored Non Fat &Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$2.25 for breakfast and \$3.75 for lunch.</p> <p>Adult Breakfast -\$2.25 Adult Lunch- \$3.75 Reminder - Menu Subject to Change Due to Food Availability</p>				
		1 Nachos or Chicken Fajita Wrap Steamed Corn Romaine Lettuce/ Diced Tomato Fresh Pear or 100% Apple Juice Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers	2 Baked Turkey w/ Gravy Steamed Rice or Chicken Filet on WW Bun Collards or Sweet Potatoes Fresh Apple Wedges or Pineapple Tidbits Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers	3 Pepperoni Pizza or Hot Ham and Cheese Sandwich Green Beans or Baby Carrots w/ Dipping Sauce Chilled Peach Cup or Ridgefield Frozen Fruit Cup Fresh Pick: Crispy Chicken Salad Cheez-It Crackers
6 Fish Nuggets w/ Tartar Sauce Steamed Rice Cornbread or Turkey and Cheese on WW Bun Steamed Tomatoes or Lima Beans Fresh Apple Wedges or 100% Fruit Punch Juice Fresh Pick: Grilled Chicken Salad Cheez-It Crackers	7 Country Style Steak w/ Gravy Whipped Potatoes Cornbread or Chicken Filet on WW Bun Sliced Carrots or Fresh Celery Sticks w/ w/ Dipping Sauce Fruit Cocktail or Pineapple Tidbits Fresh Pick: Southwest Salad	8 Chicken Alfredo WW Breadstick or Toasted Ham and Turkey Sub Steamed Broccoli or Cucumber and Cherry Tomatoes w/ Dipping Sauce Fresh Orange Wedges or Blue Razz 100% Juice Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers	9 Shepherd's Pie Cornbread or Hamburger on WW Bun Steamed Cabbage or Fresh Baby Carrots w/ Dipping Sauce Fresh Pear or Mandarin Oranges Fresh Pick: Chef Salad w/ Turkey Cheez-It Crackers	10 Pepperoni Pizza or Baked Potato w/ Ham and Cheese Green Beans or Tossed Salad w/ Dressing Strawberry Fruit Cup or Ridgefield Frozen Fruit Cup Fresh Pick: Crispy Chicken Salad Cheez-It Crackers
13 Turkey Hotdog w/ Chili or Grilled Chicken on WW Bun Crispy Crinkle Cut Fries Fresh Celery Sticks w/ Dipping Sauce Mandarin Oranges or 100% Fruit Punch Juice Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers	14 Teriyaki Chicken Steamed Rice or Turkey and Cheese on WW Bun Vegetable Medley or Green Beans Pineapple Tidbits or Fruit Cocktail Fresh Pick: Southwest Salad	15 Chicken Filet on Bun or Ham and Cheese Sandwich Baked Beans Fresh Baby Carrots w/ Dipping Sauce Blushing Pears or Blue Razz 100% Juice Fresh Pick: Grilled Chicken Salad Cheez-It Crackers	16 Baked Chicken Seasoned Yellow Rice or Barbecue Pork on WW Bun Pinto Beans or Wango Mango V-Juice Fresh Apple Wedges or Chilled Peaches Fresh Pick: Chef Salad w/ Turkey Cheez-It Crackers	17 Pepperoni Pizza or Chicken Salad w/ Croissant Steamed Broccoli Romaine Lettuce/ Tomato Chilled Applesauce or Fresh Orange Wedges Baked Treat Fresh Pick: Crispy Chicken Salad Cheez-It Crackers
20 Chicken Tenders w/ BBQ Sauce WW Breadstick or Toasted Turkey and Cheese Sandwich Crispy Crinkle Cut Fries Baked Beans Blushing Pears or 100% Fruit Punch Juice Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers	21 Rotini Bake Garlic Texas Toast or Chicken Filet on WW Bun Vegetable Medley or Cucumber Coins and Cherry Tomatoes w/ Dip Fruit Cocktail or Mandarin Oranges Fresh Pick: Southwest Salad	22 Beef Taco or Chicken Fajita Wrap Steamed Corn Romaine Lettuce/ Diced Tomato Fresh Orange Wedges or Chilled Applesauce Fresh Pick: Chef Salad w/ Turkey Cheez-It Crackers	23 Baked Turkey w/ Gravy Steamed Rice or Ham and Cheese on WW Bun Green Peas or Sweet Potatoes Banana or 100% Grape Juice Fresh Pick: Grilled Chicken Salad Cheez-It Crackers	24 Pepperoni Pizza or Grilled Chicken on WW Bun Steamed Broccoli Romaine Lettuce/ Tomato Fresh Pear or Ridgefield Frozen Fruit Cup or Fresh Pick: Crispy Chicken Salad Cheez-It Crackers
27 Hamburger on WW Bun or BBQ Chicken Flatbread Baked Beans Crinkle Cut Fries Sliced Apple Wedges or 100% Fruit Punch Juice Fresh Pick: Grilled Chicken Salad Cheez-It Crackers	28 Spaghetti w/ Meat Sauce WW Breadstick or Chicken Filet on WW Bun Green Beans or Sliced Carrots Strawberry Fruited Gelatin w/ Topping or Pineapple Tidbits Fresh Pick: Southwest Salad	29 Chili Cheese Fries or Chicken Fajita Wrap Romaine Lettuce/ Diced Tomato Fresh Pear or 100% Apple Juice Fresh Pick: Chef Salad w/ Turkey Cheez-It Crackers	30 Oven Roasted Chicken Seasoned Brown Rice or Toasted Turkey and Cheese on WW Bun Vegetable Medley or Cucumber and Cherry Tomatoes w/ Dipping Sauce Chilled Applesauce or Fresh Orange Wedges Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers	31 Pepperoni Pizza or Hot Ham and Cheese Sandwich Steamed Broccoli Tossed Salad w/ Dressing Chilled Peach Cup or Ridgefield Frozen Fruit Cup Fresh Pick: Crispy Chicken Salad Cheez-It Crackers

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