

December-16

Sumter School District Middle Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1% White Milk and Assorted Flavored Non Fat & Skim Milk
Served daily at Breakfast and Lunch
Breakfast and Lunch is free for all students

Students wishing to get a second meal will have to pay the ala carte price
of \$2.25 for breakfast and \$3.75 for lunch.

Adult Breakfast - \$2.25
Adult Lunch - \$3.75

Reminder - Menu Subject to Change Due to Food Availability



			<p>1 Spaghetti w/ Meat Sauce w/ Cinnamon Puff Chicken Filet on WW Bun Vegetable Normandy or V- Juice Banana or Sliced Peaches</p> <p>Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers</p>	<p>2 Pepperoni Pizza or Chicken Vegetable Lo Mein Seasoned Green Beans or Cucumber Coins and Cherry Tomatoes w/ Dipping Sauce Chilled Applesauce or Fresh Orange Wedges or 100% Fruit Punch Juice</p> <p>Fresh Pick: Crispy Chicken Salad Cheez-It Crackers</p>
<p>5 Barbecue Pork Steamed Rice Cornbread or Turkey and Cheese on WW Bun Pinto Beans or Romaine Lettuce/ Tomato/ Pickle Chilled Mixed Fruit or Fresh Apple Wedges or 100% Fruit Punch Juice</p> <p>Fresh Pick: Grilled Chicken Salad Cheez-It Crackers</p>	<p>6 Ham and Macaroni Casserole or Hamburger on WW Bun Lima Beans or Vegetable Medley Cinnamon Apples or 100% Grape Juice</p> <p>Fresh Pick: Southwest Salad</p>	<p>7 Ravioli w/ Honey Wheat Roll or Ham and Cheese on WW Bun Green Beans or Cherry Star V-Juice Sliced Pears or Fresh Orange Wedges or 100% Apple Juice</p> <p>Fresh Pick: Chef Salad w/ Turkey Cheez-It Crackers</p>	<p>8 Baked Turkey w/ Gravy Steamed Rice or Chicken Filet on WW Bun Collards or Sliced Steamed Carrots or Chilled Peaches or 100% Fruit Punch Juice</p> <p>Fresh Pick: Chef Salad w/ Ham Cheez-It Crackers</p>	<p>9 Pepperoni Pizza or Club Sandwich on WW Bun Seasoned Corn or Garden Salad w/ Dressing Pineapple Tidbits or Mandarin Oranges or 100% Fruit Punch Juice</p> <p>Fresh Pick: Crispy Chicken Salad Cheez-It Crackers</p>
<p>12 Corndog or Grilled Chicken on WW Bun Baked Beans Potato Wedges Pineapple Tidbits w/ Cherries or Fresh Orange Wedges or 100% Fruit Blend Juice</p> <p>Fresh Pick: Chef Salad w/ Ham Cheez-Its</p>	<p>13 Chicken Pileau Cornbread or Hamburger on WW Bun Steamed Cabbage or Blackeyed Peas Strawberry Fruited Gelatin w/ Topping or 100% Apple Juice</p> <p>Fresh Pick: Southwest Salad</p>	<p>14 Chicken Alfredo WW Breadstick or Ham and Cheese Sandwich Steamed Broccoli or Cucumber and Cherry Tomatoes w/ Dipping Sauce Chilled Peaches or Fresh Apple or 100% Grape Juice</p> <p>Fresh Pick: Chef Salad w/ Turkey Cheez-It Crackers</p>	<p>15 Glazed Turkey Ham or Baked Chicken Macaroni and Cheese Honey Wheat Roll Green Peas or Sweet Potatoes Strawberry Fruit Cup or 100% Fruit Punch Juice</p> <p>Holiday Meal</p>	<p>16 Pepperoni Pizza or Hot Ham and Turkey Club Sub Steamed Corn or Garden Salad w/ Dressing Pineapple Tidbits or Mandarin Oranges or 100% Grape Juice</p> <p>Fresh Pick: Crispy Chicken Salad Cheez-Its</p>
<p>19 Winter Break</p>  <p>No School</p>	<p>20</p>	<p>21 Winter Break</p>  <p>No School</p>	<p>22</p>	<p>23 Winter Break</p>  <p>No School</p>
<p>26 Winter Break</p> <p>No School</p>	<p>27</p>	<p>28 Winter Break</p>  <p>No School</p>	<p>29</p>	<p>30 Winter Break</p> <p>No School</p>

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