

Monday

Tuesday

Wednesday

Thursday

Friday

1% White Milk and Assorted Flavored Non Fat & Skim Milk
Served daily at Breakfast and Lunch
Breakfast and Lunch is free for all students

Students wishing to get a second meal will have to pay the ala carte price of \$2.25 for breakfast and \$3.75 for lunch.

Adult Breakfast - \$2.25
Adult Lunch - \$3.75

Reminder - Menu Subject to Change Due to Food Availability



2 Chicken Tenders w/ BBQ Sauce
WW Breadstick or
WG Corndog
Crinkle Cut Fries
Baked Beans
Chilled Applesauce or
100% Fruit Punch Juice

Fresh Pick: No Salad

3 Beef Taco or
Chicken Fajita Wrap
Steamed Corn or
Pinto Beans
Mandarin Oranges or
Fresh Apple

Fresh Pick: No Salad

4 Ravioli
Honey Wheat Roll or
Barbecue Pork on WW Bun
Green Beans
Cherry Star V- Juice
Chilled Peaches or
Blushing Pears

Fresh Pick: No Salad

5 Baked Turkey w/ Gravy
Steamed Rice or
Chicken Filet on WW Bun
Collards or
Sweet Potatoes
Fresh Orange Wedges or
Ridgefield Frozen Fruit Cup

Fresh Pick: Chef Salad w/ Ham
Cheez-It Crackers

6 Pepperoni Pizza or
Hot Ham and Cheese Sandwich
Steamed Broccoli or
Fresh Baby Carrots w/
Dipping Sauce
Strawberry Fruit Cup
100% Fruit Punch Juice

Fresh Pick: Crispy Chicken Salad
Cheez-It Crackers

9 Grilled Cheese Sandwich
Turkey and Cheese on WW Bun
Vegetable Soup
Tossed Salad w/ Dressing
Blue Raspberry Applesauce or
100% Fruit Punch Juice

Fresh Pick: Grilled Chicken Salad
Cheez-It Crackers

10 Shepherd's Pie
Cornbread or
Chicken Filet on WW Bun
Steamed Cabbage or
Sliced Carrots
Strawberry Fruited Gelatin or
w/ Topping or
Pineapple Tidbits

Fresh Pick: Southwest Salad

11 Chicken Alfredo
Garlic Toast or
Ham and Cheese Sandwich
Steamed Broccoli or
Cucumber and Cherry Tomatoes w/
Dipping Sauce
Fresh Orange Wedges or
Blue Razz 100% Juice


Fresh Pick: Chef Salad w/ Turkey
Cheez-It Crackers

12 Baked Chicken
WW Breadstick
Seasoned Yellow Rice or
Hamburger on WW Bun
Pinto Beans or
Wango Mango V-Juice
Mixed Fruit or
Chilled Peaches

Fresh Pick: Chef Salad w/ Ham
Cheez-It Crackers

13 Pepperoni Pizza or
Hot Ham and Cheese Sandwich
Steamed Corn or
Romaine Lettuce/ Spinach/ Tomato
Sliced Pears or
Ridgefield Frozen Fruit Cup

Fresh Pick: Crispy Chicken Salad
Cheez-It Crackers



**CELEBRATE
MARTIN LUTHER
KING, JR**

No School

17 Country Style Steak w/ Gravy
Steamed Rice
Cornbread or
Turkey and Cheese on WW Bun
Lima Beans or
Blackeyed Peas
Fruit Cocktail or
Fresh Apple

Fresh Pick: Southwest Salad

18 Nachos or
Chicken Fajita Wrap
Steamed Corn
Romaine Lettuce/ Diced Tomato
Fresh Orange Wedges or
100% Apple Juice

Fresh Pick: Chef Salad w/ Ham
Cheez-It Crackers

19 Chicken Tenders and Waffles or
French Toast
Potato Rounds
Wango Mango V-Juice
Strawberry Fruit Cup
Cinnamon Apples

Breakfast for Lunch

20 Pepperoni Pizza or
Grilled Chicken on WW Bun
Green Beans or
Romaine Lettuce/ Spinach/ Tomato
Blushing Pears or
100% Grape Juice

Fresh Pick: Crispy Chicken Salad
Cheez-It Crackers

23 Barbecue Pork
Steamed Rice
WW Breadstick or
Turkey and Cheese on WW Bun
Pinto Beans or
Fresh Celery Sticks w/
Dip
Pineapple Tidbits or
100% Fruit Punch Juice

Fresh Pick: Grilled Chicken Salad
Cheez-It Crackers

24 Rotini Bake
Garlic Texas Toast or
Ham and Cheese on WW Bun
Vegetable Medley or
Cucumber Coins and Cherry Tomatoes
w/ Dip
Fruit Cocktail or
Mandarin Oranges

Fresh Pick: Southwest Salad

25 Baked Potato w/ Chili
Cornbread Square
Steamed Broccoli
Fresh Orange Wedges or
Chilled Applesauce

Fresh Pick: Chef Salad w/ Turkey
Cheez-It Crackers

26 Turkey Tetrazzini or
Deli Sandwich on WW Bun
Green Beans or
Fresh Baby Carrots w/
w/ Dip
Chilled Peaches or
100% Grape Juice
Schoolmade Cinnamon Roll

Fresh Pick: Chef Salad w/ Ham
Cheez-It Crackers

27 Pepperoni Pizza or
Hot Ham and Turkey Sub
Steamed Corn
Romaine Lettuce/ Spinach/ Tomato
Blushing Pears or
Fresh Apple

Fresh Pick: Crispy Chicken Salad
Cheez-It Crackers

30 Fish Nuggets w/ Tartar Sauce
Steamed Rice
Cornbread or
Turkey and Cheese on WW Bun
Steamed Tomatoes or
Lima Beans
Fresh Apple Wedges or
100% Fruit Punch Juice

Fresh Pick: Grilled Chicken Salad
Cheez-It Crackers

31 Grilled Cheese Sandwich
Chicken Noodle Soup
Tossed Salad w/ Dressing or
Steamed Broccoli
Blue Raspberry Applesauce or
Fruit Cocktail

Fresh Pick: Southwest Salad